

Etiquette Form

Please carefully review the Union Arena Skating Club freestyle guidelines with your freestyle skater before the session begins.

For the safety of our skaters & coaches we are asking all Freestyle skaters, parents, and coaches to agree to the following on ice guidelines.

Respect

- Skaters are expected to respect other skaters, coaches, and parents showing good behavior and sportsmanship at all time both on and off the ice.
- Coaches monitor/enforce safety on freestyle sessions, whether or not its is the skater's own coach.

Freestyle Traffic Flow Protocol

Freestyle sessions are designed for figure skaters to practice their routines and advanced skills including moves, spins, and jumps. (see diagram below)

- Spins are practiced in the center of the rink
- Jumps are practiced in the corners, with stand still and some edge jumps practiced on the lines.
- If a skater must stop, they should stand by the boards.
- Do not stand around in groups talking or playing. Use the ice to practice!
- Skaters may work together in groups if activity is constructive, if it becomes a distraction to others skaters will be asked to work individually.
- Apologize if you accidentally interfere with another skater's practice, lesson, or program. If these interferences happen regularly it will be considered careless behavior and subject to further discussion.

Falling

- If you fall, get up immediately. unless you are injured and need assistance.
- If you are injured call for assistance.

Practicing Programs

- When practicing your program with music make sure the sash is visible to all other skaters and coaches.
- During your program, make others aware of your path. You have the right away.
- A friendly "heads up" if you are coming upon an inattentive skater.

Music

- Rink monitor or coach will always play program music.
- Skater's program music will be queued on a first come first served basis.
- A coach has the right to cut in line twice during a lesson.

Other

- No cell phone calls on the ice. Save texting and phone calls for the lobby.
- Skating with headphones on during freestyle sessions is not permitted.
- Eating or chewing gum is not permitted on the ice.

A skater who does not follow these Guidelines may be asked to leave the ice for the remainder of the session with no refund. Union Arena Skating Club, Union Arena, and/or coaches have the authority to remove a skater or parent from the ice or building for violations not limited to: safety, rudeness, and/or aggressive behavior. Except where noted above, Union Arena Skating Club will follow this process for implementing these Guidelines...

1. First Infraction: verbal warning to skater.
2. Second Infraction: written warning to parent/guardian.
3. Third Infraction: Removal from the ice for at least a 24-hour period.

If escalation does not result in an improved situation Union Arena Skating Club may terminate the right of the skater to skate on Union Arena Skating Club ice.

Skater Signature: _____

Parent/Guardian Signature: _____

Date: _____

Diagram – Traffic Flow Protocol

